



# PERSONAL ENRICHMENT LEARNING OPPORTUNITY

Learn the basics of writing poetry, a children's book, or a memoir and explore a new interest, grow your creativity, and feed your passion.

## Course List:

- 1: Creative Writing: Children's Books
- 2: Creative Writing: Memoir
- 3: Creative Writing: Poetry
- 3: Gardening in Small Spaces

Find a complete list of courses at:

<https://www2.mindedge.com/page/professional/category/personal-enrichment>

## Why Personal Enrichment Training?

While often pushed aside for overtime work, family responsibilities, or streaming services, hobbies are important for the well-being of each individual and should be prioritized. Our Personal Enrichment courses give learners the opportunity to explore new interests – writing books, writing for yourself, or gardening. Maybe they'll even inspire you to pick up an old hobby you left behind.

Take the opportunity to learn something new and reignite the love for learning we all have inside of us.