

PERSONAL ENRICHMENT

Learn the basics of writing poetry, a children's book, or a memoir and explore a new interest, grow your creativity, and feed your passion.



Have you always wanted to write a book, but never took the time to sit down and write?



Develop a new hobby you can share with your family – like building a garden.



Discover a new activity that makes you want to take care of yourself, and your free time.

Course List:

- ▶ Creative Writing: Children's Books
- ▶ Creative Writing: Memoir
- ▶ Creative Writing: Poetry
- ▶ Gardening in Small Spaces
- ▶ Taking Better Photographs
- ▶ MindEdge Studio: Personal Fitness at Home

Find a complete list of courses at:

<https://catalog.mindedge.com/courses/categories/90>

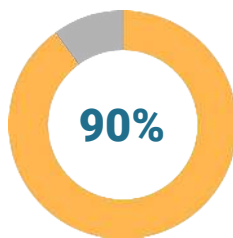
Why Personal Enrichment Training?

While often pushed aside for overtime work, family responsibilities, or streaming services, hobbies are important for the well-being of each individual and should be prioritized. Our Personal Enrichment courses give learners the opportunity to explore new interests – writing books, writing for yourself, or gardening. Maybe they'll even inspire you to pick up an old hobby you left behind.

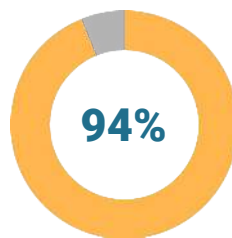
Take the opportunity to learn something new and reignite the love for learning we all have inside of us.

Learners agree that our online courses:

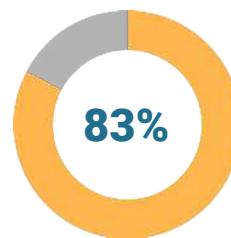
Are Effective



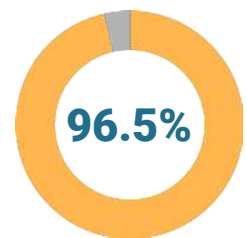
Meet Learning Objectives



Had a positive effect on their career/life



Worth Recommending to a Friend



*Based on 2019-2020 MindEdge Learner Feedback surveys.