



WATCH AND LEARN WITH A

MINEDGE STUDIO COURSE

PLACE ORGANIZATION NAME HERE

WHY TAKE A MINEDGE STUDIO COURSE?

Our MindEdge Studio brand features our video-based personal enrichment courses, a collection of world class short-form videos designed to engage and instruct today's learners. Focused on bringing fun activities into the limelight, these courses are based on learning science insights and will help spark creative passions that can last a lifetime. From mixology to personal fitness, everyone can find a MindEdge Studio course to enjoy.

WHAT WILL I LEARN?

Our MindEdge Studio courses will teach you skills such as:

- **MindEdge Studio: Introduction to Drawing**
 - Identify elements of composition
 - Demonstrate basic shading techniques and implement basic elements of texture
- **MindEdge Studio: Introduction to Mixology**
 - Understand the parts and service of a cocktail
 - Learn how to make classic and contemporary cocktails
 - Understand terms in a cocktail flavor profile
- **MindEdge Studio: Knitting Basics**
 - Select the right tools and materials for basic knitting projects
 - Follow a knitting pattern to complete a project
- **MindEdge Studio: Personal Fitness at Home**
 - Breakdown various strategies of how to add exercise to a busy schedule
 - Create a workout space at home
 - State the benefits of aerobic, mobility, and resistance exercises

For more information and a complete list of courses, visit:

Place Your Website URL Here

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MINDEGE STUDIO COURSES

The courses in the MindEdge Studio category include:

MindEdge Studio: Introduction to Drawing

This course covers the basics of drawing, such as how to practice and implement the essential elements of drawing and how to develop a regular habit of drawing and sketching. Some of the benefits associated with drawing include increased focus, improved creativity and problem solving, and greater hand-eye coordination.

MindEdge Studio: Introduction to Mixology

Human resources specialists ensure that organizations' HR functions comply with federal, state, and local regulations. While some are trained in all disciplines of human resources, many focus on specific areas such as retirement or training. They may also place newly hired workers in jobs, administer benefits, process payroll, manage compensation systems, and facilitate training sessions.

MindEdge Studio: Knitting Basics

The legal and social issues that arise in a workplace can significantly damage an organization if handled poorly. Labor relations specialists are responsible for developing and implementing policies, handbooks, disciplinary procedures, and codes of conduct that guide employees on the terms of their employment. You will also likely help resolve workplace disputes, negotiate labor contracts, and coordinate grievance procedures regarding worker complaints.

MindEdge Studio: Personal Fitness at Home

This course breaks down key techniques and objectives for health, wellness, and exercise that can be done at home. An expert personal trainer and wellness professional will discuss the benefits of working out, how to create personalized exercise routines, and online tools to assist you with your progress and nutrition.

MindEdge Studio courses are available 100% online.

The courses included in this category also carry:

IACET CEUs

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